

CERTIFICATE OF PARTICIPATION

This is to certify that

Tania Van der Nest

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 01:54:14

PACE 08:46/km

OVERALL 86 of 149

GENDER 30 of 70

OPEN 16 of 27

23 June 2019, Sun

Date



BoutTime

Signature

